

DiVINE
DR  PS

PARTNERSHIP GUIDE.



LARGE COLLABORATION LEVEL

“changing the world, one period at a time”

We offer different levels of collaboration to accommodate organizations of various sizes and capacities. These levels ensure that every organization can find a suitable way to participate and contribute to the success of the program. This is an initial proposal, but we understand that everyone has different needs and contexts, our idea is just to provide an overview of the way we work and how we're used to organizing these types of collaborations, but we're always open to writing our own story and contribute in diverse ways.

LARGE COLLABORATION LEVEL

Target Audience: Organizations interested in a high level of involvement, including strategic planning and joint initiatives. They are ready to work closely with us to tailor and adapt the program to their specific needs.

Identification Criteria:

- About resources: Organizations that are prepared to take a leadership role in piloting new ideas, co-developing new materials, and participating in advanced training and development opportunities.
- About participation: Organizations that are ready to take charge of organizing, hosting, and leading large-scale events and community outreach initiatives.

What's an example of a good fit for this level?: A large educational institution that integrates our program into their curriculum, hosts a series of workshops, and collaborates with us to adapt the program for various audiences. They are interested in co-developing new materials and participating in long-term planning.

General characteristics of this level:

- The decision-making authority of the organization that receives the benefits is high; partners are involved in strategic decisions and program development.
- The collaboration's customization level is high; the program is closely tailored to the partner's needs and goals.
- The commitment duration is Long-term, with regular agreed updates and collaborative planning.

LARGE COLLABORATION LEVEL

Benefits:

- **Recognition:** Your organization will receive top-tier recognition as a strategic partner on all our platforms and at events.
- **Local Engagement:** Opportunities to take a leadership role in community initiatives and work closely with us on strategic projects.
- **Educational Materials:** Access to fully customizable educational resources, with the option to co-create new content and materials.
- **Training and Support:** Participation in advanced training programs, with opportunities to innovate and lead new initiatives.

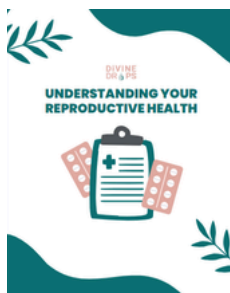
Requirements:

- **Promotion:** Commitment to promoting the program strategically within your organization and network.
- **Staffing:** A dedicated leadership team to oversee program integration, strategic planning, and innovation efforts
- **Event Hosting:** Ability to organize and lead large-scale workshops, community outreach events, and strategic initiatives.
- **Feedback:** Commitment to providing comprehensive feedback, participating in ongoing program evaluation, and collaborating on continuous improvement.

What We Need from You:

- Frequent updates on program activities and participant feedback.
- Active collaboration on content creation, program adaptation, and long-term strategic planning.
- Leadership in distributing materials, organizing events, and ensuring all community engagement activities align with strategic goals.

Which programs are available for this collaboration level?:



THE DOCTOR'S OFFICE



PERIOD PARTY



HEALTH COURSES



CELEBRATING OUR SEASONS



REPRODUCTIVE HEALTH CHAMPIONS



DIGNITY KITS FUNDING AND DISTRIBUTION.

THE DOCTOR'S OFFICE

KNOW THE PROGRAM.

WHAT IS THIS PROGRAM ABOUT.

Our program is designed to foster a close doctor-patient connection, ensuring women have access to accurate information and educational resources through their Medical doctor. By building strong, trust-based relationships between doctors and patients, we aim to enhance the quality of care and support for women's health.

Through this initiative, we strive to dispel myths and reduce misinformation surrounding critical topics such as the menstrual cycle, hormonal imbalances, anatomy, and all aspects of feminine wellness. Our comprehensive educational resources are tailored to address common concerns and provide evidence-based knowledge, empowering women to make informed decisions about their health.



OUR PROGRAM GOALS

- Enhance Health Literacy.
- Foster a trusting and open relationship between participants and their doctors.
- Dispel Myths.
- Encourage participants to advocate for their health needs.
- Encourage Preventive Care.

WHO CAN BE PART OF THE BENEFITS?

Adolescent Girls.

College Students.

New Mothers.

Caregivers.

Educators.

Healthcare Professionals.

Rural Populations.

Low-Income Women.

Pregnant women.

Women with Chronic Health Conditions.

You can find more information about this amazing program https://drive.google.com/drive/folders/1SxEIG9uHQU8_OPbbwNNr-uw7pZ0ku78T

OR JUST
SCAN
THE
CODE



**DiVINE
DR PS**

www.divinedrops.org
[@Divinedrops_](https://www.instagram.com/Divinedrops_)
hello@divinedrops.org

PERIOD PARTY.

KNOW THE PROGRAM.

WHAT IS THIS PROGRAM ABOUT.

Our program aims to create a joyful and secure haven where all menstruators can educate themselves and empower others in advocating for period health. We provide party host with the knowledge and tools they need to promote menstrual health awareness to their friends, while emphasizing community and support, ensuring everyone feels valued and included.

Think of it as a party with a purpose. Combining the informative aspects of a workshop with a personal and enjoyable twist, we make learning about period health fun and impactful. Through interactive sessions and engaging activities, participants share experiences, gain insights, and build lasting connections, leaving inspired to advocate for menstrual health in their own communities.



OUR PROGRAM GOALS

- Educate Participants on Menstrual Health.
- Promote Period Health Advocacy.
- Reduce Menstrual Health Stigma.
- Provide Practical Tools and Resources about the period, women's health, hormones, wellness, etc.
- Create Engaging and Fun Learning Experiences.

WHO CAN BE PART OF THE BENEFITS?

Adolescents and Teenagers.

Young Adults.

Teachers and Educators.

Parents and Guardians.

Community Leaders.

Nonprofit Organizations.

School Health Programs.

Youth Group Leaders.

School Nurses.

Community Health Workers, Corporate Wellness Programs, etc.

You can find more information about this amazing program

<https://drive.google.com/drive/folders/1SxElG9uHQU8OPbbwNNr-uw7pZOku78T>

OR JUST
SCAN
THE
CODE



**DiVINE
DR PS**

www.divinedrops.org
[@Divinedrops_](https://www.instagram.com/Divinedrops_)
hello@divinedrops.org

HEALTH COURSES.

KNOW THE PROGRAM.

WHAT IS THIS PROGRAM ABOUT.

Our expertly crafted educational courses are designed to cater to diverse interests and needs, ensuring comprehensive and engaging content for all participants. These courses are available on our user-friendly platform, providing free access to thousands of visitors who frequent our website annually. We aim to empower individuals with knowledge and skills that promote menstrual health and sustainable practices.

In addition to our online courses, we offer workshop packets tailored for communities eager to collaborate and disseminate these valuable resources. These packets include everything needed to conduct informative and interactive sessions, fostering a supportive environment for learning and growth. By equipping community leaders with these tools, we ensure that essential education reaches even the most remote areas.



OUR PROGRAM GOALS

- Access to reliable and accurate information about health.
- Curriculum development.
- Empower and inspire community leaders.
- Promote sustainable practices.
- Increase awareness.

WHO CAN BE PART OF THE BENEFITS?

Men and women.

Teachers and educators

Kids and teenagers.

Parents and guardians

Community members

Health advocates

Non-profit organizations

Health professionals

Government organizations

You can find more information about this amazing program <https://docs.google.com/document/d/1luO3ALmWdpzQeGtigq6wqnehO2uMzGt9x43oPY9nyYw/edit>

OR JUST
SCAN
THE
CODE



**DiVINE
DR PS**

www.divinedrops.org
[@Divinedrops_](https://www.instagram.com/Divinedrops_)
hello@divinedrops.org

CELEBRATING OUR SEASONS

KNOW THE PROGRAM.

WHAT IS THIS PROGRAM ABOUT.

"Celebrating Our Seasons" is a transformative program by Divine Drops, designed to support women's holistic well-being through the integration of yoga, meditation, and educational workshops.

Our mission is to create a nurturing community where women can explore and enhance their physical, mental, and emotional health. The program partners with yoga studios to offer four distinct versions, ensuring a diverse and adaptable approach that meets the unique needs and preferences within each community.

The workshops cover a wide range of topics, from stress management and mindfulness to physical health and personal empowerment, equipping women with the tools they need to lead balanced and fulfilling lives.



OUR PROGRAM GOALS

- Support women's holistic well-being.
- Offer diverse, adaptable workshops.
- Foster community and connection.
- Empower women with stress management tools.
- Partner with yoga studios for accessibility.

WHO CAN BE PART OF THE BENEFITS?

Stress management learners

Yoga studios

Wellness centers

Mindfulness practitioners

Health-conscious women

Community organizations

Women's health advocates

Wellness-focused groups

Meditation enthusiasts

Women seeking holistic well-being.

You can find more information about this amazing program https://docs.google.com/document/d/1xxQ3_RjSNbCejZUbDdIV7_JBOcErTyEXyMdmurpmpgQ/edit?usp=sharing

OR JUST
SCAN
THE
CODE



**DiVINE
DR PS**

www.divinedrops.org
[@Divinedrops_](https://www.instagram.com/Divinedrops_)
hello@divinedrops.org

REPRODUCTIVE HEALTH CHAMPIONS

KNOW THE PROGRAM.

WHAT IS THIS PROGRAM ABOUT.

Our program is designed to empower students by enhancing their self-care skills, boosting their understanding of community and reproductive health, and fostering a supportive social community.

Through a combination of engaging activities and practical learning experiences, we aim to equip students with the knowledge and skills they need to take charge of their well-being and make a positive impact in their communities.

In these specially curated spaces, students will participate in hands-on activities such as community outreach projects and workshops on reproductive health. They will also have the opportunity to learn about and create their own handmade reusable pads, promoting sustainable practices and self-sufficiency.



OUR PROGRAM GOALS

- Develop Self-Care Competencies.
- Advance Reproductive Health Knowledge.
- Strengthen Community Involvement.
- Promote Environmental Sustainability.
- Cultivate a Supportive Network.
- Increase Awareness of Social Issues.

WHO CAN BE PART OF THE BENEFITS?

High school students

Teachers and educators

School administrators

Parents and guardians

Community members

Health advocates

Non-profit organizations

Health professionals

Students' peers

Local Businesses and women looking for an extra income.

You can find more information about this amazing program <https://docs.google.com/document/d/1TbTV9wQXAGHuyXzgKFVhanJHIHiYljmVvDIVJZJyZFs/edit?usp=sharing>

**OR JUST
SCAN
THE
CODE**



**DiVINE
DR PS**

www.divinedrops.org
[@Divinedrops_](https://www.instagram.com/Divinedrops_)
hello@divinedrops.org

DIGNITY KITS

KNOW THE PROGRAM.

WHAT IS THIS PROGRAM ABOUT.

Dignity Kits program offers middle schools complimentary reusable menstrual kits and educational resources to promote menstrual awareness and hygiene in schools and the wider community.

The goal is to empower young girls to attend school confidently, without the feelings of shame or fear that often accompany menstruation. Schools receive these kits and ensure they are accessible to girls who need them, focusing on students who may face menstrual health challenges.

The kits contain reusable menstrual pads, educational handouts on menstruation, the menstrual cycle, hormones, and general health. In some cases, donated books are included to further educate students about these topics.



OUR PROGRAM GOALS

- Provide middle school girls with reusable menstrual kits.
- Educate young girls on menstrual cycles and hormones.
- Empower girls to manage periods with confidence and dignity.
- Promote open conversations and awareness about menstruation.
- Include comprehensive educational resources on menstrual health.

WHO CAN BE PART OF THE BENEFITS?

| | | |
|--|----------------------------|----------------------------|
| Educators | Low-income students | Middle school girls |
| Administrators | School nurses | Parents |
| Counselors | Community leaders | School community |
| Girls who face challenges in accessing menstrual products | | |

You can find more information about this amazing program <https://docs.google.com/document/d/1GvkQUOM1s5fWfkM6NfcxD136iG9-KFBbB5keVVwm07o/edit?usp=sharing>

OR JUST
SCAN
THE
CODE



**DiVINE
DR PS**

www.divinedrops.org
[@Divinedrops_](https://www.instagram.com/Divinedrops_)
hello@divinedrops.org

KNOW THE PROCESS

Check Our Information

- Explore our website and informational materials to learn about our programs and projects.
- Review this booklet and other specific documents provided for your organization.

Submit an Initial Application

- Complete the initial application form on our website.
- The form requires basic information about your organization, your interest in our programs, and any specific collaboration ideas you may have.
- We'll follow up through established communication channels if you've had prior contact or discussed a potential collaboration.
- We aim to respond within two weeks. Additional information or clarification may be requested.

Set a Date for a Discovery Call

- If your application is successful, we will schedule a discovery call.
- This call allows us to learn more about your organization, discuss your goals, and explore collaboration opportunities in detail.

Design a Personalized Collaboration Plan

- After the discovery call, we will create a personalized collaboration plan tailored to your organization's needs.
- This plan will outline specific roles, responsibilities, and resources required, ensuring clear understanding and effective partnership.

Training, implementation and evaluation

- After agreeing to the partnership, you'll receive all necessary training and resources for a successful start. We'll stay in touch with regular check-ins to support your progress and address any challenges. Ongoing evaluations and feedback will help measure impact and improve future collaborations.
- Now, we invite you to dive into the next section, where you'll find a detailed breakdown of the implementation process. This guide will walk you through each step, ensuring you have everything you need for a smooth and successful partnership.

*Please note that the actual implementation of this partnership level will depend on the specific nature of the project. It is essential that all parties involved demonstrate **honesty, transparency, and the ability to follow through on all commitments.** Successful collaboration at this level requires a shared dedication to these values, ensuring the partnership's effectiveness and impact.*

HOW WILL BE THE EXPERIENCE OF THIS COLLABORATION?

WEEKS 1-2

TRAINING AND PREPARATION

- In the first two weeks, your team will participate in our comprehensive Train the Trainer program, where you'll learn everything about Divine Drops, the resources, and the specific program selected for your collaboration.
- You'll also receive educational resources and a full pack of materials tailored to your chosen program.
- It is **mandatory** to have your team involved in the training to ensure everyone is well-prepared for successful implementation.

WEEK 3

PLANNING

- During this week, you'll focus on developing an introduction plan to bring the program to your community.
- You'll set the date for your first event or distribution session.
- It's also important to promote the program by preparing invitations and informing your community, school, or workplace, while gathering everything needed for implementation.

WEEKS 4-5

PROGRAM LAUNCH

- At the start of Week 4, you will begin the implementation by hosting your first session, event, or distribution of resources.
- Over the two weeks, you will complete scheduled check-ins with our team via email to track progress and address any challenges.
- At the end of Week 5, we will have a review meeting to evaluate your progress, provide additional support, and finalize the necessary adjustments to meet your community's needs.

HOW WILL BE THE EXPERIENCE OF THIS COLLABORATION?

WEEKS 6-22

ACTIVE IMPLEMENTATION

- For the next 17 weeks, you will continue the program and submit weekly email check-ins to monitor its progress.
- During this time, if possible, a Divine Drops team member will visit your site to evaluate the program, discuss any challenges, and offer additional support.
- These weeks are focused on building a strong sense of community, solving challenges, and making sure the program benefits the girls and women in your community.

WEEK 23

FINAL REVIEW MEETING

- In Week 23, we'll hold a final review meeting to assess the program's overall progress and discuss any remaining challenges.
- You'll also provide feedback on your partnership experience and discuss whether to deepen the collaboration, make the program permanent, or consider further involvement.

WEEK 24

PROGRAM WRAP-UP

- In the final week, you will conclude the program by completing all scheduled events and ensuring that all resources have been distributed.
- You will then complete the final program evaluation through the form we provide, reflecting on the program's impact.
- Lastly, you will submit all necessary documentation and evidence of the collaboration to help us improve, promote, and expand the program to more communities.

We're committed to helping you achieve lasting impact, and we look forward to working together to create meaningful change. Remember you can always contact us, we'll make sure we find the best way of starting the menstrual revolution together!

THANK YOU
FOR
BUILDING A
NEW FUTURE
FOR OUR
GIRLS!

DiVINE
DR  PS



www.divinedrops.org



@Divinedrops_



hello@divinedrops.org